

## Lander Nordic Ski Association - Sunlight and Headlamp Race Series

A series of bi-weekly citizen level Nordic ski races whose purpose is to encourage participation in Nordic skiing, ski racing and have fun.

Events: Races will be either individual mass starts or 2 person relays with one person skiing classic and the other freestyle. Lengths will vary, never shorter than 3K nor longer than 10K. We may change the courses the day before the race based on snow conditions. Check the LNSA website for all race details.

Event Dates/Times/Technique/Venue:

DAY	DATE	TIME	TECHNIQUE	PREFERRED VENUE
Saturday	December 26	1pm	Individual race, Mass Start – Freestyle	Beaver Creek
Wednesday	January 6	6 pm	<b>Headlamp 2 person Relay – 1 Classic, 1 Freestyle</b>	Golf Course
Saturday	January 16	1pm	Individual race, Mass Start – Classic	Beaver Creek
Sunday	January 24	6 pm	<b>Headlamp 2 person Relay – 1 Classic, 1 Freestyle</b>	Golf Course
Wednesday	February 17	6 pm	<b>Headlamp 2 person Relay – 1 Classic, 1 Freestyle</b>	Golf Course

Location: All races will be held at Lander Golf Course or Beaver Creek Nordic Ski Area based on snow conditions. The preferred venue for the evening races will be the golf course. The start and finish will be in at the clubhouse if we're racing on the Golf Course and the stadium if we're at Beaver Creek. The location will be announced on the Lander Nordic Ski Association website as snow conditions dictate.

Categories: Men's Open, Women's Open, Kids (13 and younger)

Entry Fee: \$5.00 per LNSA member racer, payable at the start, all kids (13 and younger) race free. \$10.00 per NON-LNSA member racer.

Lights for the night races: Bring a headlamp or wing it. Neither the course nor the course markings will be lit in any way.

Scoring and Results: The points schedule for each race will be as follows (1<sup>st</sup> through 30<sup>th</sup>) 40, 37, 34, 31, 29, 27, 25, 23, 22, 21, 20, .....3, 2, 1. Each member of a relay team will receive the points based on the finish of that team. Final scores will be based on a racer's 4 best results. In the event of a tie, the following procedures, in this order, will be used to determine final placement: Total score from all 5 races, Head to head differential, Most recent head to head race. Results will be posted on the LNSA website as soon after the race is completed as possible.

Prizes: The winners (men, women, kids) will get their entry fees back and then some. Each time an individual races their name will be entered into the end of season raffle! The more you race the greater your chance of winning. The end of season raffle will be held following the last race on February 17. You do not need to be present to win!

Race Cancellation or Postponement: If snow or road conditions don't allow us to race, we will post it on the LNSA website as early as possible.

Lander Nordic Ski Association (LNSA) is a 501(c)3 non-profit association whose mission is: To encourage and support nordic skiing through education, trail development, and maintenance.

LNSA works with the United States Forest Service and Bureau of Land Management to operate the Beaver Creek Ski Area which is located on USFS and BLM land and the Lander Golf Club and City of Lander to groom trails at the golf course.

Contact: John Metcalfe ([jometcal@hotmail.com](mailto:jometcal@hotmail.com)) or 332-1657 office or 349-6268 cell for race information